



FOUR
R PLEDGE
BY
SCOUTS
AND
GUIDES
OF INDIA



On **my** honour
I promise that



I will

- **REFUSE** disposable plastic whenever and wherever possible. I shall choose items that are not packaged in plastic, and carry my own bags, containers and utensils. I say 'no straw, please.'

I will

- **REUSE** durable, non-toxic straws, utensils, to-go containers, bottles, bags, and other everyday items. I shall choose glass, paper, stainless steel, wood, ceramic and bamboo over plastic.

I will

- **REDUCE** plastic footprint. I shall cut down on consumption of goods that contain excessive plastic packaging and parts. If it will leave behind plastic trash, I shall not buy it.

I will

- **RECYCLE** what can't be refused, reduced or reused. I shall pay attention to the entire life cycle of items I bring into my life, from source to manufacturing to distribution to disposal.