

GUIDELINES

"MY DREAM – MY PLANS TO REALIZE IT" Video Competition

This Video competition is organized for Rangers to trigger and highlight their Aims & Realize it in a positive direction and offers an opportunity to build their confidence in achieving their goals.

Registration

- Rangers from Registered Unit between 16 – 25 years of age, can participate via the link provided **either in Video competition or in Essay Writing Activity**, for enabling more Rangers to participate.
- Registration will be online through Google Form as given below. Your registration will be considered only after uploading the video in the mp4 format and as per guidelines i.e.: rename the video file with your **Name_state** . **For example: - VijayShriwastava_Madhya Pradesh.**
- **Upload the video" in the mp4 format not exceeding file size of 100 MB.**
- **Link of Registration** <https://forms.gle/k8xPQYUzaLaykx3T6>

Video presentation

1. Rangers participating in the videos should be in complete and correct uniform (with badges in proper places) as per APRO part III.
2. The video should begin with self-introduction – like Name, Rank in Rangering, State and Region, Subject of topic. Conclude the topic properly and end with thanks.
3. Good lighting and no backlight, Sound recording should be clear, good, without distortion.
4. Background should be plain and video recording should be in horizontal – in landscape.
5. While recording, participating Rangers shall face the camera, keeping proper posture and expressions, avoiding unnecessary body movements & behind the presenter.
6. Should speak fluently and clearly, either in English or Hindi only.

S. No.	Action	Timeline
1.	Registration starts	18 th Sept. 2020
2.	Registration closes	30 th Sept. 2020 before 5 PM
3.	State Associations to select the best 5 entries and send to Respective Regions (through Appointed Co-Ordinators and Volunteers teams)	09 th Oct, 2020
4.	Semi Final's Round – 12 Ranger entries, 2 from each Region shall be conducted by Karnataka State Association (Host State)	21 st Oct 2020
5.	GRAND FINALE conducted by Host State – 6 Rangers entries- (Finale shall be conducted in WEBINAR-1)	29 th Oct 2020

Winners

Videos of the final winners will be presented at the celebrations in Dec 2020.

Participation E-certificate shall be issued to all the participating Rangers who have registered in the prescribed format and uploaded the Video. First three winners shall be getting a Winner E-certificate.

"MY ACHIEVEMENT – THE PATH I FOLLOWED" Essay Writing Activity.

The essay should be portraying professional achievements in academics, community oriented, sports, literature, camps, services rendered, after becoming a Ranger. This activity enables Rangers writing and presenting skills.

- Essay should be sent in **English/Hindi** and not exceeding 250 words
- It should be in 3 parts – (i) Introduction, (ii) Development, (iii) Conclusion.
- Your registration will be considered only after receiving valid documents uploaded in the correct format. Rename the **PDF file** with your **Name_state**. For example - **"VijayShriwastava_Madhya Pradesh"**
- **Upload the PDF file in the google form.**
- Participation E-Certificate shall be issued to all the participating Rangers who have registered in the prescribed format and uploaded the Essay activity.
- Three best chosen entries from each Region (Selected by Appointed Co-ordinator and Volunteers teams) totaling to 18 in all, shall be getting an Appreciation E-certificates.
- The final three winning entries will be printed in the NHQ special magazine in 100 years of Rangering.
- The final three winners will be announced in the celebration event in Dec 2020.

Rangers should register via the link provided below, and upload their entries with recommendation letter certified by the Ranger Leader/Head of the Institutions.